

# 14<sup>th</sup> Annual Spectrum Health Reed City Hospital Great American Crossroads 5K & Walk



**Saturday, August 18, 2018  
9 a.m.**

Spectrum Health Reed City Hospital  
Back Parking Lot  
300 N. Patterson Road, Reed City



## 5K Run ▪ 5K Walk ▪ Kids Dash

This annual event that takes place in the city parks and streets of Reed City during the Great American Crossroads Celebration to promote health and wellness in the community.

|                                  | <b>START</b>     | <b>COST</b><br>(Before July 30) | <b>COST</b><br>(After July 30) |
|----------------------------------|------------------|---------------------------------|--------------------------------|
| <b>Kids Dash</b> (up to age 10)  | <b>8:30 a.m.</b> | Free                            | Free                           |
| <b>5K Timed Run</b> (with shirt) | <b>9 a.m.</b>    | <b>\$20</b>                     | <b>\$25</b>                    |
| <b>5K Walk</b> (with shirt)      | <b>9:05 a.m.</b> | <b>\$20</b>                     | <b>\$25</b>                    |
| <b>5K Walk</b> (no shirt)        |                  | Free                            | Free                           |

To register, visit [spectrumhealth.org/annual-5k-run](http://spectrumhealth.org/annual-5k-run) or call 231.832.7149